

KIZER WELLNESS

# POWER MULTI

This multivitamin formula is designed to support overall health with a focus on enhancing vitamin D3 and K2 levels, providing a comprehensive array of B vitamins, supporting hair growth, blood sugar stability, mitochondrial function, and energy production.



## Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

| Amount Per Serving                          | %DV                   | Amount Per Serving                                                                      | %DV              |
|---------------------------------------------|-----------------------|-----------------------------------------------------------------------------------------|------------------|
| Vitamin A (as retinyl palmitate)            | 380 mcg 42%           | Zinc (as zinc bisglycinate chelate)                                                     | 15 mg 136%       |
| Vitamin C (as ascorbic acid)                | 50 mg 56%             | Selenium (as selenomethionine)                                                          | 40 mcg 73%       |
| Vitamin D (as cholecalciferol)              | 5,000 IU 125 mcg 625% | Copper (as copper bisglycinate chelate)                                                 | 1.5 mg 167%      |
| Vitamin E (as d-alpha tocopheryl succinate) | 8 mg 53%              | Manganese (as manganese glycinate)                                                      | 2 mg 87%         |
| Thiamin (as thiamin mononitrate)            | 30 mg 2,500%          | Chromium (as chromium nicotinate glycinate chelate)                                     | 1,000 mcg 2,857% |
| Riboflavin (as riboflavin-5-phosphate)      | 20 mg 1,538%          | Molybdenum                                                                              | 75 mcg 167%      |
| Niacin (as niacinamide)                     | 50 mg 313%            | Acetyl L-carnitine HCl                                                                  | 350 mg *         |
| Vitamin B6 (as pyridoxal-5-phosphate)       | 15 mg 882%            | Alpha lipoic acid (ALA)                                                                 | 150 mg *         |
| Folate (as l-methylfolate calcium)          | 400 mcg DFE 100%      | Green tea leaf extract (98% polyphenols) (80% catechins) (50% epigallocatechin gallate) | 35 mg *          |
| Vitamin B12 (as hydroxycobalamin)           | 1,000 mcg 41,667%     | Vanadium (vanadyl sulfate)                                                              | 750 mcg *        |
| Biotin                                      | 4,000 mcg 13,333%     | Menaquinone-7 (vitamin K2)                                                              | 180 mcg *        |
| Pantothenic acid (as calcium pantothenate)  | 50 mg 1,000%          |                                                                                         |                  |
| Choline (as choline bitartrate)             | 30 mg 5%              |                                                                                         |                  |
| Iodine (as potassium iodide)                | 50 mcg 33%            |                                                                                         |                  |
| Magnesium (as magnesium malate)             | 25 mg 6%              |                                                                                         |                  |

**Other Ingredients:** Hypromellose (capsule), magnesium stearate, silicon dioxide, ascorbyl palmitate, microcrystalline cellulose.

**FORMULATED BY PHARMACISTS.**  
**MADE IN THE USA.**

## KIZER Wellness Quality Assurances

Our products are crafted in a GMP-certified and FDA registered facility in the United States. Third-party lab testing ensures stringent quality standards, and our procurement team prioritizes professional-grade ingredients. Your well-being is our priority.

## Ingredient Benefits

### Vitamin D3 and K2 Synergy

Promotes optimal bone health and cardiovascular function, enhancing the proper utilization of calcium to support strong bones and a healthy heart.

### Comprehensive B Complex

Fuels energy production, supports a healthy nervous system, and aids in the maintenance of good mental health, enhancing overall vitality and well-being.

### Multimineral Support

Provides essential minerals that regulate enzymes and hormones, crucial for the body's daily functioning and long-term health, including immune defense and metabolic processes.

### Hair Growth Enhancement

High-dose biotin strengthens hair at the follicle level, promoting thicker, fuller hair and supporting skin health for a vibrant, youthful appearance.

### Blood Sugar Stability

Chromium helps maintain healthy blood sugar levels by improving insulin sensitivity, weight management and metabolic health.

### Mitochondrial and Energy Production

Key nutrients like Acetyl L-Carnitine and Alpha Lipoic Acid boost cellular energy production, reducing fatigue and enhancing physical and mental stamina.

### Antioxidant Protection

Powerful antioxidants like Vitamin E and Green Tea extract protect against oxidative stress and support cellular health, promoting longevity and reducing the risk of chronic diseases.